

FACTS YOU SHOULD KNOW ABOUT ADULT CENTER FOR ENRICHMENT



MISSION:

To enrich the lives of frail and impaired adults, their families, and the community through specialized adult day services, respite care, education and support.

ADULT DAY CENTERS

North Carolina certified day care/day health; transportation to and from the Center; hot noon-time meal and two nutritious snacks daily, (special diet needs can be accommodated); monitoring of health needs; daily exercise program and recreational activities; educational/cultural programs; instruction/assistance with personal and health care needs; intergenerational experiences and stimulating activities for persons of all backgrounds.

- **ACE at Bardolph**, 301 E. Washington St., Ste 111, Greensboro, NC
- **ACE at Caldwell House**, 800 Sixteenth St., Greensboro, NC
- **ACE at River Landing**, 1575 John Knox Dr., Colfax, NC
- 7:30 am until 5:30 pm, Mon.-Fri. Private rates from \$52 a day

GROUP RESPITE PROGRAMS

An abbreviated day program that allows individuals who are caring for family members an opportunity to have a break from caregiving responsibilities; it also gives the loved one receiving care a chance to enjoy activities, exercise, music, lunch and interaction with peers while in a safe and trusting environment and with close supervision.

- **ACE at First Baptist Church** (Tues., Wed., & Fri.), 1000 W. Friendly Ave, Greensboro, NC
- **ACE at Muir's Chapel UMC** (Mon. & Thurs.), 314 Muir's Chapel Rd, Greensboro, NC
- **ACE at Temple Emanuel** (Tues. & Thurs.), 1129 Jefferson Rd., Greensboro, NC
- 10:00 am until 2:00 pm Private rates from \$36 a day.

CAREPARTNERS at HOME

A program designed to give people who are caring for a loved one in their homes support, education and respite. Trained volunteers will stay with family members a few hours each week, perform tasks to reduce the caregivers workload, provide support to the caregiver and socialization and stimulation to the person being cared for.

CAREGIVER EDUCATION

Caregiver Education focuses on the caregiver and provides them with the information they need to best help themselves and their loved ones live up to their potential. Support group meets on the second Tuesday of every month from 12:30 p.m. – 2:00 p.m. at First Baptist Church. We offer a variety of workshops as well, including “Powerful Tools for the Caregiver.”

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THE EXPERIENCE WILL ENRICH YOUR LIFE

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